



WEIGHT MANAGEMENT PROGRAM

Call us at 419-557-6992 and find out how we are different from other weight loss programs. Anyone can join and you do not need a doctor's referral to get started!

In our medical weight loss program, you will work with multidisciplinary specialists to achieve positive and lasting results. Customized to your goals and needs, our caring team considers your entire well-being to develop a safe and effective plan for you.



Meet with a board certified weight loss specialist to identify and treat your specific weight-related health needs.



Meet with a Registered Dietitian in 1:1 sessions and/or group nutrition classes to learn how to eat in a way that fits your lifestyle and health conditions.



Explore weight loss medications with our pharmacists who are highly experienced in the use of all FDA approved weight loss medications.



Join our free exercise educational classes with an Exercise Physiologist. She can help you create confidence and comfortability in the gym or at home.



Call to schedule
419-557-6992



For More Information

www.firelands.com/medical-care/health-clinics/weight-management-clinic/